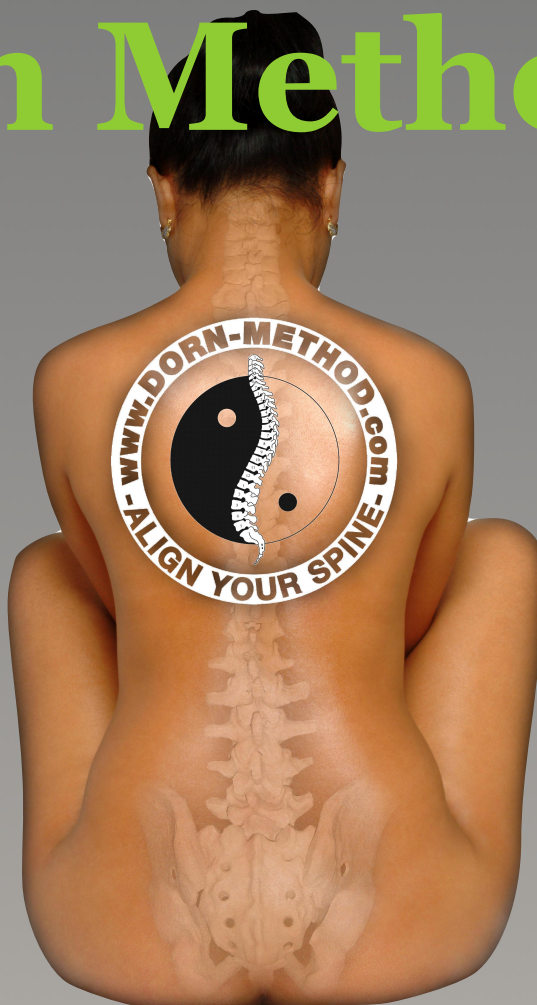


The Dorn Method

Align Your Spine

A Holistic Manual Therapy and True Self Help Method

A gentle, safe, painless way of correcting misalignments in the spinal column and other joints.



Basic Workshop

- No pre-requisites
- 16 CPE points (for therapists)
- Learn how to treat yourself, family & friends or become a Dorn Practitioner

9am - 5pm

Venue: 'Bowen Me'
55 Billiluna Street,
Shailer Park 4128

0413 358 749

Instructor: Tracey Kendall
Myoskeletal & Bowen Therapist
Bowen Me
www.bowenme.com.au
tracey4bowen@gmail.com

Clothing: loose, clothing and standard bra or a bikini top (no sports bra's).

Parking: bottom driveway (in front of garage door) or across the road.

Towels: Bring 2 towels, older ones.

Fingernails: trim or keep short.

Morning & afternoon tea/coffee/ water and biscuits are supplied.

Lunch - bring your own, can refrigerate for you. Shops are short drive away. We usually have a one hour lunch break.

Learning material: Manuals on the day and electronic material the following week via WeTransfer.

Course Overview:

- Intro & History of Dorn
- What is Dorn Method
- Chiro vs Dorn Method
- What to Treat
- Limitations & Contraindications
- When to Use
- Patient's Role in treatment
- Patient Homework & Self-Help
- Reactions to Dorn
- Leg Length Discrepancies
- Pelvic Upslip and Downslip
- Sacrum Corrections
- The Spinal Column
- Subluxations
- Lumbar Spine Corrections
- Thoracic Spine Corrections
- Cervical Spine Corrections
- Other Joints & Limbs Corrections
- Spynamics Sacro-Aligner
- Spinal Regeneration
- Breuss Massage
- Dorn Practitioner Requirements
- Advanced Training Options